



**BUNGENDORE
RIDING CLUB**

**BRC presents for EA & BRC MEMBERS
on 20 March 2022:**

*Show Jumping & XC Training Groups
with Margaret Palazzo
AND
Horsemanship Clinic Groups
with Danielle Ternes*

Showjumping and XC training

About Margaret – Margaret is a CCI-S/L 3* rider and EA coach, based in Bungendore, NSW. She has been a member of the Equestrian Australia Youth Development Squad and competes throughout NSW and Victoria.

She has worked with green thoroughbreds to upper level dressage, show jumping and eventing horses, and everything in between; as well as training with top riders and coaches like Ben Netterfield and Sam Lyle.

She has coached adults and children of all levels, and takes a logical, problem-solving based approach to riding and training.



About the Training – With the Cross Country Derby just around the corner, Margaret will be taking groups (maximum of 6 riders) around a course consisting of both show jumps and cross country jumps. It will be a great opportunity for you and your horse to get a feel for what you will be experiencing at the competition.

Each group session will be for approximately one and half hours and will be offered at various heights from 30cm to 80cm.

Price is **\$55 per session** – no more than 2 sessions per horse.

A BACK PROTECTOR IS REQUIRED for Margaret's groups

PACE TRAINING is also available on the day.

Positive, forward riding is encouraged on cross-country, so learning how to feel and manage your speed will help smooth out your course.

This will be an opportunity to learn / practice your gallop pace.

We will have 100 metres marked off in an appropriate section of the main arena and have someone timing you.

Free & self-directed. As a guide:

Beginner Novice: 300-350 mpm	Novice: 350-400 mpm
Training: 420-470 mpm	Modified: 490 mpm
Preliminary: 520 mpm	Intermediate: 550 mpm
Advanced: 570 mpm	<i>Mpm = metres per minute</i>



Horsemanship Clinic

About Danielle - Danielle is a qualified teacher and riding instructor, who has a passion for helping riders build lasting and effective partnerships with their horses. Creating engaging and fun lessons that give riders the tools to be safer and more confident riders and horse people, is the underlying basis of her lessons and clinics.

- A lifelong passion for horses has given her a background in a broad range of disciplines.
- Campdrafting and Working Stock Horses has been her primary focus for the past 20 years.
- Breeding, breaking in and training horses with Snowy Mountains Stock Horses.
- 16 years industry experience as owner operator of Snowy River Horseback Adventure, offering 2 – 5 day homestead accommodated horseback treks and horsemanship clinics.
- Introductory level EFA Coach
- Over 10 years association with the Snowy Mountains Grammar School Equestrian Program

About the training

A small group clinic format will be on offer for lessons with Danielle. Spaces are strictly limited to two groups, with a maximum of 5 per group. Each group will have 2 sessions over the day, with the cost per person being \$80 for the day.

The morning group session of approximately 1 and a half hours will concentrate on ground skills appropriate to the level of experience of the participants and then progress to ridden work in the afternoon session.

The two sessions across the day will allow participants to revise and consolidate what they have learnt in the morning.



This clinic will be perfect for young horses and riders wanting to improve their horsemanship. Those attending this clinic are encouraged to watch the other group's sessions.

LUNCH = A no frills lunch of a sausage sizzle will be available at a cost of \$5 payable in cash on the day. For covid safety and environmental friendliness, please bring your own cups/mugs and plates. A vegetarian option will be available – please indicate you would like this option when registering if you are vegetarian.

Registrations close Sunday 13th March – unless filled earlier

Group riding times will be emailed to riders directly by Friday 18th March.

Rego Form at <https://www.mybrc.net/whats-on>. **Enquiries:** by email: 2mybrc@gmail.com

Cancellations: after the closing date for registrations cancellations will require a veterinary or doctors' certificate to receive a 90% refund. Please contact us ASAP if you need to cancel, so we have the best opportunity to fill your place.

MEMBER BONUS

MEMBERS MAY ALSO ATTEND WITH THEIR HORSE TO USE THE GROUNDS AND any ARENAS WHICH ARE not being used - FOR FREE.

If you wish to come down to give your horse an outing or practice some things on your own you may do so. We ask that you register, however, as we need to know who is on the grounds and we must have their emergency contact details.