

BRC Presents:

Saturday 25 February 2023

LECTURE – AGM – DINNER at Flock



Sunday 26 February 2023:

PRIVATE LESSONS – Dressage “PROTOCOL”

Introducing Angela McLeod – Angela is an equine veterinarian who has many years of experience working with and riding horses. She has competed in several disciplines, ridden track work during her University years and is now a keen show jumper. Angela spent a year in Germany following University where she learned from both *Klaus Balkenhol* and *Gerd Heuschmann*. This is where she developed an understanding of and passion for equine biomechanics and the link between appropriate training, longevity and a horse’s overall health and wellbeing. Angela now lives and works in Sydney and is dedicated to sharing her knowledge of equine biomechanics with riders of all levels so that they can start to understand the way a horse’s body must be gradually trained over time so that s/he can comfortably carry a rider. Angela recently presented at Equitana in Melbourne and we’re very pleased to have an opportunity to learn from her here in Bungendore!



*LECTURE – 5pm – Rose Cottage Verandah @
The Carrington Inn, 59 Ellendon St, Bungendore*

The lecture will be focused on basic biomechanics and how this applies to the German Training Scale. Angela will not go too deep into anatomy but will outline the important and need-to-know basics with a view to helping us all understand how to help our horses during our training sessions. Angela has observed that the first three elements of the training scale are often neglected, which can result in a horse which is not properly on the aids and connected, leading to potential rhythm faults or bridle lameness.

The lecture is a Club subsidised FREE event for financial BRC Members

*AGM – 6.15pm - Rose Cottage Verandah
The Carrington Inn, 59 Ellendon St, Bungendore*

Following the lecture BRC will hold its **AGM**. All current committee positions are vacant for re-election at our Annual General Meeting each year. There are a few key positions which we would love to retain the current holders in, but we’re all volunteers and all contributions are welcome. If you would like to contribute to the running of your club or have any ideas going forward, please come along and throw your hat in the ring for one of the positions or make your own position on the 2023 Committee. If you would like further information, please feel free to email us and we can send you the

CODE OF CONDUCT, SAFETY and INSURANCE -

Please ensure that your gear/equipment/horse/pony is in good safe and healthy working order. If you are riding, you will be required to wear a riding helmet approved by the EA (Equestrian Australia) and appropriate clothing and footwear.

BRC is an EA affiliated club and, as such, is covered by Public Liability Insurance. EA members are also covered under insurance whilst riding and training their horses. However, being a BRC member only does not mean that you are automatically covered under insurance. You should consider if holding your own personal accident or loss of income insurance is right for you if you are not also an EA member.



**BUNGENDORE
RIDING CLUB**

Terms of Reference. We're all about sharing the load, being flexible and working to our strengths – and we encourage you to come along and vote 😊

DINNER – 7 pm – Flock @ The Carrington

The Carrington Inn, 59 Ellendon St, Bungendore

We hope you will then stay on and have dinner and/or drinks at FLOCK. Last orders at the kitchen are 8.30pm.

PRIVATE LESSONS – Sunday – Showground - Covered Arena

NB - You must have attended the lecture to receive a private lesson from Angela.

For the ridden lessons, Angela will help you to start to build a connection over the back to the bit so that you can start to influence the hindquarters. You will focus on the first three elements of the training scale, especially relaxation and suppleness and from there develop a connection to the bit. Lessons slots are in hour blocks, but this is to facilitate discussion and questions, as your horse will not be working for more than 45 minutes. Auditors who have attended the lecture are most welcome.

DRESSAGE “PROTOCOL” (+ mini lesson) – Kate O’Connor

Local EA Dressage and Show Horse instructor, Body Awareness coach and organiser of the recent Gareth Hughes clinics, Kate will be on hand to first watch you ride your chosen dressage test and then give you immediate feedback and assistance on an aspect of the test which she thinks will assist you going forward. You have half an hour with Kate to first ride your chosen test and then have a ~20 minute mini lesson based on an aspect of your ride. Kate may offer to work on your accuracy, your aids, your position, your transitions, your straightness – you can be sure she will see something she can help you with!

You can choose which test you would like to ride (maximum of two tests per rider - up to Medium), so why not go up a level from your usual comfort zone without the stress of competition? Half hour lessons with Kate have never been this price and the Club is happy to subsidise this opportunity for BRC members.

Costs will be:

Saturday Lecture & AGM – FREE for BRC Members ONLY – MUST register

Saturday Lecture & Sunday Ridden Private Lesson - \$100

Sunday Dressage Protocol - \$25 per test – max 2 tests per rider/horse

BRING YOUR OWN LUNCH – club house will be open with tea/coffee/water/cold drinks

Registrations WILL close 20 February 2023 – unless filled earlier

Please note that payment received secures your registration.

Rego Form at <https://www.mybrc.net/whats-on>.

Cancellations: after the closing date for registrations any cancellations will require a veterinary or doctors' certificate to receive a 90% refund.

Enquiries: by email: 2mybrc@gmail.com

****This is a Club Subsidised Event for MEMBERS****

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