



BRC presents – 25th JULY 2021

EQUISIMULATOR +/- Ridden Lessons

with Diana Waters - Responsive Equine

BRC Members Only



About Diana-

Diana has always been passionate about riding and teaching, but became unhappy with the 'normal' way of teaching and riding, where she felt too much force was used and the natural beauty and spirit of the horse was diminished as a result.

In 2004, she met international teacher and founder of Enlightened Equitation, Heather Moffett, and was inspired to attain her level 1 EET teacher training. Diana is one of only three EE teachers currently in Australia.

Diana works skilfully and sympathetically with the horse and rider. She teaches the rider to synchronise exactly with the horse's movement, using clear and simple explanations. She teaches precise and correct application of the aids in conjunction with exercises that develop the horse's confidence and balance without force. This results in a horse and rider that move in lightness balance and elegance, ready to excel in their chosen discipline.

Diana will be bringing her Equisimulator with her so that you have an opportunity to work on synchronising your movement with the horse, but without the horse initially!

The Equisimulator is a mechanical horse which simulates the movement of a well-schooled horse in walk, trot and canter. Virtually any rider will benefit hugely from an Equisimulator lesson. Even minor adjustments in riding technique can have a big impact on your horse's way of going. The Equisimulator provides a completely safe method. The instructor can remain close by and make precise adjustments to the rider's position and movement. The Equisimulator gives instant feedback - if the rider loses synchronisation or blocks the movement, the machine stops. However, unlike a real horse, the Equisimulator is able to keep going in correct balance for as long as required, as long as the rider remains synchronised. This enables the rider to practice their new found skills and build up muscle memory but without putting any strain on the horse.



There will be 2 group Equisimulator lessons - with a maximum of 4 per group, each followed by a group riding lesson, also with a maximum of 4 per group. The day will start at 8.30am and finish at 4.30. There will be a morning group and an afternoon group.

You may choose to enter Equisimulator only, or a group lesson only, however, riders entering both will be given priority if numbers allow so they can learn on the Equisimulator and then practice on their horse shortly after, thereby gaining most benefit.

There will also be the possibility of 4 (only) private lessons at Bungendore Showground on Saturday afternoon – you may choose to ride or you may choose in-hand, as Diana is also skilled in this area, using the French school, which develops balance and lightness at a slow pace first. You will not hear any shouting of "heels down" in a Diana lesson!

Pricing is – Equisimulator Only = **\$55 pp**
 Group Ridden Lesson Only = **\$55 pp**
 Equisimulator + Group Ridden Lesson = \$90 pp
 Saturday afternoon Private Lesson (45 mins) = **\$85**

PLEASE BRING YOUR OWN LUNCH, SNACKS and DRINKS – we'll open the clubhouse for Sunday and have the fridge turned on if you need it. There is also a microwave for reheating Saturday night leftovers. We can also do a Zimi's pizza run if you like on the day – you can [order online](#) and we'll have someone drive down and collect 😊

Cancellations: after the closing date for registrations cancellations will require a veterinary or doctors' certificate to receive a 90% refund. Please contact us ASAP if you need to cancel, so we have the best opportunity to fill your place.

Registrations will OPEN Monday 28th of JUNE and will CLOSE on SUNDAY 18th of July – unless filled earlier.

Rego Form will be available at <https://www.mybrc.net/whats-on>.

Enquiries: email: 2mybrc@gmail.com

CODE OF CONDUCT, SAFETY and INSURANCE

Please ensure that your gear/equipment/horse/pony is in good safe working order. If you are riding, you will be required to wear an approved riding helmet (ASNZS 3838) or other approved by the EA (Equestrian Australia) and appropriate clothing and footwear. A separate waiver form may be required to fulfil the insurance obligations of the instructor.

BRC is an EA affiliated club and, as such, is covered by *Public Liability Insurance*. EA members are also covered under insurance whilst riding and training their horses. However, being a BRC member only does not mean that you are automatically covered under insurance. You should consider if holding your own personal accident or loss of income insurance is right for you if you are not also an EA member.

IF YOU FEEL UNWELL FOR ANY REASON ON THE DAY – PLEASE DO NOT ATTEND – but do let us know.
Hand Sanitiser will be available at the arena and in the club house –
Please ensure that you check in using the Service NSW App – the code will be up on the day

