



**BRC Presents –
Saturday 27 & Sunday 28 February 2021
LESSONS WITH SARAH VENAMORE**

For BRC & EA members ONLY

All riders of all levels are welcome to attend a dressage lesson or two with Sarah Venamore. The only prerequisite is the ability to walk, trot and canter. All riders will benefit from Sarah's tuition on rhythm, looseness and straightness of the horse.

You can enter for as many lessons as you like, either in a group or your own private one-on-one lesson. Costs are:

- **\$120** for a private 45 minute lesson
- **\$60** for a semi-private 45 minute lesson (two riders)
- **\$40** for a group lesson (3-4 riders)
- **Plus \$5** per horse per day for the use of the arena/s at Bungendore Showground

For example, you could choose to:

- attend a two day clinic by booking a group lesson on the Saturday and group lesson on the Sunday
- book a semi-private lesson to ride with your friend or one you haven't met yet on the Sunday only
- book two group lessons, one on the Saturday, one on the Sunday and have a private lesson on the Saturday afternoon as well.

Cost is as much as you like or as little as booking one group lesson for \$40.

Lessons will start at 9.00am both days and last for 45 minutes. You will be enthused and inspired and maybe a little tired all at the same time after 45 minutes of riding with Sarah. Your brain will be switched on!



Sarah is an EFA Coach Educator and NSW State Pony Club Dressage Coach with a unique talent for teaching group lessons where all levels of ability progress. She has published a number of books on arena exercises, which are treasured resources for many.

Sarah's commitment is to Passion, Growth and Devotion and she will help you with rhythm, looseness, contact,

impulsion and the all-important straightness of the horse, which results in a fabulous feel for the rider.

For more details about Sarah, or to purchase her books, see her website: <https://www.equiste.com>



Scratchings or Enquiries: by email first, please, to: 2mybrc@gmail.com

(BRC Committee member Heather Thomas will be lead for the day – 0421 272 128)

CODE OF CONDUCT, SAFETY and INSURANCE

BRC's Code of Conduct applies to the activity days, and is available to be read on the BRC website www.mybrc.net/membership. Submission of registration is taken as acknowledgement and agreement.

Please ensure that your gear/equipment/horse/pony is in good safe working order. If you are riding, you will be required to wear an approved riding helmet (ASNZS 3838) or other approved by the EA (Equestrian Australia) and appropriate clothing and footwear as set out in the Club's Code of Conduct. You are asked to disclose any medical conditions or allergies in order for BRC to provide the best assistance in the event of an incident.

BRC is an EA affiliated club and, as such, is covered by **Public Liability Insurance**. EA members are also covered under insurance whilst riding and training their horses. However, being a BRC member only does not mean that you are automatically covered under insurance. You should consider if holding your own personal accident or loss of income insurance is right for you if you are not also an EA member.

IF YOU FEEL UNWELL FOR ANY REASON ON THE DAY – PLEASE DO NOT ATTEND
Hand Sanitiser will be available at the arena

